



TO COMMUNITY

Session: The Saints

Session Aim: At some point the young people in the group will have to choose their Confirmation name. And to do so effectively it would be good to have spent some time thinking about the saints and learning a bit about them. This session offers a very introductory look at the lives of the Saints.

Time	Activity
00	Welcome and Introductions Go around and introduce yourselves (name an interesting fact!)
05	Icebreaker (Please see Icebreaker booklet)
20	Name the Saint Quiz Start with a 'Name the Saint' quiz. have a few simple questions that individuals or groups can answer. You can use pictures or simple statements such as: Who was known as the Little Flower? Who do Catholics pray to when they have lost something? Who do Catholics pray to when it is a lost cause? Which 20 th century saint could bi-locate (appear in different places) in order to help people?
30	Introduction The questions and answers give a great way of introducing the lives of saints as you explain why they are known by certain names or why they performed certain miracles. It might make the young people think more about who their patron saint could be. Add in local Saints or patronal Saints of the parishes and schools. You can then talk a little about why Saints are important in the Catholic faith and why it is important to have a patron at Confirmation.
35	Job Description Ask the young people to write a Job Description of a Saint. What does a Saint have to do, what do they have to be? This would be better in groups. They can use drawings as well and perhaps a poster? When they have finished allow them to feed back to the wider group.



The Archdiocese
of Liverpool

55	<p>End by talking of St John Paul II's instruction for young people to be Saints of the New Millennium (see Rome 2000 World Youth Day for a full copy of the homily).</p> <p>And through Confirmation this is what the Church and what God is asking of them.</p> <p>The Sacrament will give them the strength to be Saints of this time.</p>
1.00	<p>Final Prayer (Please see attached booklet)</p>