



## TO COMMUNITY

Session: Prayer Sponsor

Session Aim: A reminder to young people that they are Confirmed into a community. And a reminder to older members of the community that the Church continues in the loves of younger members of the community.

This session is a little different to the others as it does not happen in with everyone together.

At the end of one session young people are given a name of an older member of the Church community they are to make contact with.

The older member of the community will be aware of the young person that will be in touch with them.

The younger person will get in touch with the older person.

The older person will act as a prayer sponsor of the younger person as they prepare for their Confirmation.

### **Preparation**

Although very simple this will require some thought in advance to ensure we are complying with all necessary regulations. If you are in any doubt, please contact the Diocesan safeguarding department.

Ask parishes if they have sick and elderly who might want to be involved in the scheme.

Compile list of names and contact details.

Check safeguarding and GDPR regulations for this type of activity. A young person cannot simply be given a name and address and asked to visit someone!

Distribute names and contact details to young people.

Phone calls or Zoom might be the best way to make contact? Personal visits may be harder to organise.

Another way of organising this may be to take the whole group to a specific home where face to face visits are allowed and so the safeguarding elements are easier to work through.

### **Follow Up**

A follow up session where young people talk about their experiences and can unpack what they learned and what was said might be worthwhile?