



TO COMMUNITY

Session: Getting to Know You...

Session Aim: To get to know the young people from the PA through group discussions.

Time	Activity
00	Welcome and Introductions Go around and introduce yourselves (name an interesting fact!)
05	Icebreaker (Please see Icebreaker booklet)
20	Introduce the Session The session is a chance for everyone to get to know each other a bit more, including the leaders who should take part to get to know the group more. It can be an enlightening experience to hear some of the joys and sorrows of young people in your area.
25	Split into Smaller Groups Create a suitable area for discussion. Perhaps have drinks and snacks available for those that arrive early and let young people have these through the discussion to help create an informal environment that is conducive to openness and conversation. Welcome your young people and explain the session. Split the larger group into an appropriate number of smaller groups. To allow for discussion and conversation we would suggest capping groups at 10-12. Have a leader go through the questions with their small group. Do not rush through the questions. It is better to spend more time on one question that seems to engage the young people than try to get through them all.

The leader of the group can be an adult catechist or a young person from the parish or



even simply a member of the Confirmation group who can be asked to lead the group.

Adults can simply circulate and spend some time with each group if there are not enough adults to facilitate a group each, but it is good to be part of the groups if you can.

The session can be wrapped up with some feedback and perhaps even suggestions for the future based on what the young people have spoken about. What could we do as a group this year? What are our hopes and joys and so what will be benefit us most this year?

This is an ideal way to meet the young people who will be confirmed this year. The joys and anxieties of young people change every year and so what worked last year might not work this year.

30

In order for you to get an idea of what the young people in this group are like these questions can be very helpful:

Discussion Time

The Meaning of Your Life – “What are you looking for?”

What are your dreams, what would make you profoundly happy; what are your fears?

What is your suggestion for helping young people find Jesus in their life?

What is your suggestion for helping young people find their place in the Church?

**Faith – “Teacher, where are you staying?”
“Come and See”.**

Who is God for you?

Believing in Jesus: what difference does it make in your life?

How is Jesus present in your daily life?

1.00

Final Prayer



The Archdiocese
of Liverpool

(Please see attached booklet)