



TO COMMUNITY

Session: Fruits of the Spirit

Session Aim: To learn about the fruits of the Spirit and how they can benefit our lives after Confirmation.

Time	Activity
00	Welcome and Introductions Go around and introduce yourselves (name an interesting fact!)
05	Icebreaker (Please see Icebreaker booklet)
20	<p>Fruits of the Spirit Auction</p> <p>For the sake of this session we will be using Galatians 5.</p> <p>Start by having the list of the Fruits but not saying that they are Fruits of the Spirit yet.</p> <p>In groups have an auction of these items (the Fruits of the Spirit): how much would they pay for the gifts and so which one is the most valuable.</p> <p>Or ask the group to try to list the Items/Fruits of the Spirit in order so again you end up with some being prioritised.</p> <p>You can ask why these are at the top and some are seen as less important.</p> <p>But then can end by saying that in Confirmation we get all these gifts freely given and they are all as valuable as each other.</p>
30	<p>Scenarios</p> <p>Each small group will be given a scenario, and a style, and a Fruit of the Spirit (or these are printed on small slips of paper and put in three bowls and they take one from each bowl) and they have to act out the scenario in that style but showing how the Fruit is used. The rest of the group can guess after the drama which Fruit was being used.</p> <p>For example:</p>



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	<p>Scenario: Stuck in a traffic jam, forgotten your lunch money at school, been fouled at football, someone asked to copy your homework, someone you know being bullied etc</p> <p>Style: Soap opera, sports commentator, politician, a pantomime, a popular reality show of the year etc</p> <p>Fruit: See Galatians 5 22-23</p> <p>If you have time you can always try the classic 'fruit cocktail'. Buy some fruit juices from the supermarket and label each one with the name of a Fruit of the Spirit and allow young people to make their own Fruit of the Spirit cocktail and see which fruit they put in and what it all tastes like at the end. The activity has no real purpose but can be a fun way to end the session!</p>
1.00	Final Prayer (Please see attached booklet)