



## TO COMMUNITY

Session: Alpha

Session Aim: To learn more about the faith and open ourselves to conversation and discussion

Time	Activity
00	Welcome and Introductions.
05	<p>Alpha Video</p> <p>The videos are between 20-30 minutes. They are very accessible and are produced to a very high standard. However, the video itself is secondary to the discussion that takes place after.</p> <p>Alpha evenings that have taken place so far have been well received by young people who have participated. They have been able to meet other young people from other parts of the Diocese and been able to share questions with each other and grow in faith through discussions with each other and through group work on the day.</p> <p>Adults who bring young people could use another room to chat to each other, have a coffee or catch up on any work if they so wish.</p> <p>The evening will end with some social time which adults may wish to join their young people for.</p> <p>Parishes and deaneries can easily download and lead their own sessions of Alpha.</p> <p>The videos can be easily downloaded, and books are available to help lead and facilitate the sessions.</p>
35	<p>Discussion of the Video</p> <p>Books or the Alpha website can be used to find questions to facilitate discussion.</p>
1.15	Food and Social Time
2.00	<p>Final Prayer</p> <p>(Please see attached booklet)</p>